

STUDENT & CHAPERONE GEAR CHECKLIST  
FOR *LEAVE NO TRACE* FIELD TRIP

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Clothing:

- Rain gear (rain jacket at a minimum)
- Long pants
- Long underwear
- Jacket
- Sweater or sweatshirt
- Warm hat
- Gloves or mittens
- Socks
- Camp shoes (must have laces or fasteners; no open toe) *sneakers*

Overnight Gear:

- Sleeping bag
- Sleeping pad
- Flashlight
- Towel (optional)
- Personal items (toothbrush, comb, etc.)
- Pajamas

Bag Lunch For Day 1:

- Food
- Drink
- Snack

Additional Trail Gear for Day 2 Hike:

- Backpack
- Water bottles
- Hiking boots or rubber boots **ONLY** (No sneakers or shoes)

One-Pot Meal Responsibilities For Day 2 Hike:

- ~~Bowl~~
- ~~Eating Utensils~~
- Water
- Snacks

Food: \_\_\_\_\_

Other: (As designated by Teacher)

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